



**S.J.M Vidyapeeth, ® Chitradurga.**

**S.J.M Arts, Science and Commerce College,  
Chandravalli, Chitradurga 577501**

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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**COVID-19 SUNO KAHANI**

**From 20-05-2020 to 27-05-2020**

PRINCIPAL

Sri Jagadguru Murugharajendra College  
of Arts, Science & Commerce  
CHITRADURGA

**Dr. R.V Hegadal**

**Coordinator**



S.J.M Vidyapeeth, ® Chitradurga.

**S.J.M Arts, Science & Commerce College,**  
Chandravalli, Chitradurga.



**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

*Inaugural divine talk*

*Dr. Shivamurthy Murugha Sharanaru*  
*Sri Murugharajendra Math, Chitradurga*



On 20th May 2020  
at 11.00 a.m.

**webinar**

**COVID-19**  
**SUNO KAHANI**  
*(A Series of lectures*  
*on various topics)*

**20<sup>th</sup>-25<sup>th</sup>**  
MAY 2020  
**11.00**  
a.m.



**Guest of honour**

Sri A J Paramashivayya  
Secretary, S.J.M. Vidyapeetha  
Chitradurga



Sri. M.G Doreswamy  
CEO, S.J.M. Vidyapeetha,  
Chitradurga



**Chief Guest**

Dr. R. Sunandamma  
Registrar, Akkamahadevi Women's  
University, Vijayapura



Dr. G. H. Imrapur  
Regional Director, IGNOU  
Regional Centre, Bengaluru

**Chair Person**



Dr. K. C. Ramesh  
Principal

**Presence**



Dr. R. V. Hegadal  
IQAC Coordinator

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**I. COVID-19 SUNO KAHANI (A series of lectures on various topics)**  
**From 20-05-2020 to 27-05-2020**

<b>Inaugural Programme</b>	<b>Date-20-05-2020, 11 AM</b>
<b>Inaugural Divine Talk</b>	Sri. Dr. Sri Shivamurthy Murgha Sharanaru, President, S.J.M Vidyapeetha, Chitradurga
<b>Guest of Honour</b>	Sri. A.J Paramashivaiah Secretary, S.J.M Vidyapeetha, Chitradurga  Sri. M.G Doreswamy C.E.O, S.J.M Vidyapeetha, Chitradurga
<b>Chief Guest</b>	Dr. G.H Imrapur, Regional Director, IGNOU Regional Centre, Bangalore  Dr. R. Sunandamma, Registrar, Akkamahadevi Women's University, Vijayapura.
<b>Chairperson</b>	Dr. K.C Ramesh, Principal,
<b>Presence</b>	Dr. R.V Hegadal, IQAC Coordinator, Prof. G.N Basavarajappa, convener

**Prof G.N Basavarajappa**  
**Convener**

**Dr. R.V Hegadal**  
**Coordinator**

**COVID-19 SUNO KAHANI (A series of lectures on various topics)**  
**From 20-05-2020 to 27-05-2020**

**Programme List**

Sl. No.	Date	Topic	Resource Person
1	20-05-2020	A LESSON FROM CORONA	Dr. V.K Bhagavath M.B.B.S, M.D, Karwar
2	21-05-2020	Prevent Covid-19 through Ayurveda and Yoga	Dr. Prabhu C. Nagalapur M.D (Ayu), C.Y.S, YIC, Associate Professor, SJG Ayurvedic & Medical College and Research Centre- Koppal.
3	22-05-2020	NURTURE THE FUTURE	Sri. Mahesh Masal, Mindset Expert, Dharwad
4	23-05-2020	Science Behind Indian Traditional Agriculture System	Sri N.R Basaganni, Organic Farmer, Haveri
5	24-05-2020	Covid-19 An Ayurvedic Perspective	Dr. Promod Katti, M.D (Ayu) Shankar Ayurveda Hospital & Research Centre, Dharwad.
6	25-05-2020	Covid-19 Impact on Indian Economy	Sri. Naryanarao G Rtd. Professor in Economics, GFGC, Bhadravathi
7	26-05-2020	Covid-19 Social Responsibility	Dr. R.V Hegadal, Coordinator IQAC, SJM College of Arts, Science & Commerce, Chitradurga
8	27-05-2020	Immunity in Covid-19	Dr. Guheshwar B. Patil, MD(Ayu) Ph.D Sumuka Ayurveda Hopital, Haveri,
		Conclusion	Dr. Kundan Basavaraj, Coordinator, P.G Centre, Dept. Of Commerce, Sahydri College, Shivamogga.

# Invitation

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**S.J.M Arts, Science & Commerce College,**  
 Chandravalli, Chitradurga.

**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

Inaugural divine talk  
**Dr. Shivamurthy Murugha Sharanaru**  
 Sri Murugharajendra Math, Chitradurga

On 20th May 2020  
 at 11.00 a.m.

**COVID-19  
 SUNO KAHANI**  
 (A Series of lectures  
 on various topics)  
 20<sup>th</sup> to 27<sup>th</sup> MAY 2020

**a  
 LESSON  
 FROM  
 CORONA**

**Dr. V. K. Bhagavathi, MBBS, MD**  
 Completed at KIMS Hubli  
 Worked as Physician at Kerala - 2yrs  
 Haveri - 20 yrs  
 Presently working in Karwar  
 Interested - in teaching

**20<sup>TH</sup> MAY  
 2020  
 11.00 a.m.**

**Guest of honor**  
 Sri A. J. Paramashivayya  
 Secretary, S.J.M. Vidyapeetha,  
 Chitradurga  
 Sri. M.G Doreswamy  
 CEO, S.J.M. Vidyapeetha,  
 Chitradurga

**Chief Guest**  
 Dr. R. Sunandamma  
 Registrar, Akkamahadevi Women's  
 University, Vijayapura  
 Dr. G. H. Imrapur  
 Regional Director, IGNOU  
 Regional Centre, Bengaluru

**Chair Person**  
 Dr. K. C. Ramesh  
 Principal

**Presence**  
 Dr. R. V. Hegadal  
 IQAC Coordinator

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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**webinar**


**COVID-19  
 SUNO KAHANI**  
 (A Series of lectures  
 on various topics)  
 20<sup>th</sup> to 25<sup>th</sup> MAY 2020

**PREVENT  
 COVID 19  
 THROUGH  
 AYURVEDA  
 AND YOGA**

**Dr. Prabhu C. Nagalapur,**  
 MD (Ayu), C.Y.S, Y.I.C  
 Associate Professor,  
 Department of Swasthavrittha  
 SJG Ayurveda medical college  
 and research centre, koppal  
 E-mail : drprabhu.ayu24@gmail.com  
 Mobile : +91 9886677088

**21<sup>ST</sup> MAY  
 2020  
 11.00 a.m.**

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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**webinar**

**COVID-19  
 SUNO KAHANI**  
 (A Series of lectures  
 on various topics)  
 20<sup>th</sup> to 25<sup>th</sup> MAY 2020

**NURTURE  
 THE  
 FUTURE**

**Shri Mahesh Masal**  
 Mindset Expert, Dharwad.  
 Passionate Trainer,  
 Professional Counsellor & Author  
 M : 7676300167  
 E : mylifecampus@gmail.com

**22<sup>ND</sup> MAY  
 2020  
 11.00 a.m.**

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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**COVID-19 SUNO KAHANI**  
 (A Series of lectures on various topics)  
 20<sup>th</sup> to 25<sup>th</sup> MAY 2020

webinar

**COVID 19 IMPACT ON INDIAN ECONOMY**



- Shri. Narayanrao G.  
 Rtd. Professor in Economics  
 G.F.G.C., Bhadravati

**23<sup>RD</sup> MAY 2020**  
 11.00a.m.



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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**COVID-19 SUNO KAHANI**  
 (A Series of lectures on various topics)  
 20<sup>th</sup> to 25<sup>th</sup> MAY 2020

webinar

**COVID 19 AN AYURVEDIC PERSPECTIVE**



- Dr. Pramod Katti, MD (Ayu)  
 Sankalpa Ayurveda Hospital & Research Centre,  
 Janayanagar, Dharwad.  
 Professor, Ayurveda Mahavidyalaya Hubli.

**24<sup>TH</sup> MAY 2020**  
 11.00a.m.



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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

With the blessing of Worshipful  
 Dr. Shivamurthy Murugha Sharanaru  
 Sri Murugarajendra Math, Chitradurga

**COVID-19 SUNO KAHANI**  
 (A Series of lectures on various topics)  
 20<sup>th</sup> to 25<sup>th</sup> MAY 2020

webinar

**IMMUNITY**  
 (Vyadhikshamatwa)



- Dr. Guheshwar B. Patil  
 MD (Ayu), Ph.D  
 SUMUKHA Ayurveda Hospital,  
 Basaveshwarnagar, Haveri.  
 Professor, Department of Swasthavrittha  
 SJG Ayurveda medical college  
 and research centre, koppal  
 www.sumukhaayurveda.com  
 Mobile : +91 9448229840

**25<sup>TH</sup> MAY 2020**  
 11.00a.m.

**Guest of honour**

Sri A. J. Paramashivayya  
 Secretary, S.J.M. Vidyapeetha,  
 Chitradurga

Sri. M.G Doreswamy  
 CEO, S.J.M. Vidyapeetha,  
 Chitradurga

**Conclusion**



Dr Kundan Basavaraj,  
 Co- Ordinator, P.G. Dept of Commerce  
 Sahyadri College Campus,  
 Shivamogga.  
 M : 9480150719

**Chair Person**  
 Dr. K. C. Ramesh  
 Principal

**Presence**  
 Dr. R. V. Hegadal  
 IQAC Coordinator



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## **Report**

### **Programme 1**

Topic : A Lesson from Corona

Date : 20-05-2020

Resource Person : Dr. V K Bhagavathi (MBBS, MD)

Karawar, Karnataka.

### **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 20-05-2020 on the topic “**A Lesson from Corona**”. The webinar was inaugurated by his Holiness Dr. Shivamurthy Murugha Sharanaru by the divine talk. The Guests of Honor were Sri A J Paramashivayya and Sri M G Doreswamy and the Honorable Chief Guests Dr. Sunandamma and Dr. G H Imrapur were in the webinar under presence of Dr. R V Hegadal. The session on the topic A Lesson from Corona was very precisely presented by Dr. V K Bhagavathi. **“Doing Nothing is better than doing Something. An important lesson that the unprecedented Covid-19 pandemic has taught is that during an economic crisis situation of such an enormous magnitude, demand-side management becomes as crucial as the supply-side management of the economy”**. The session was ended with Chief Guest’s speech.

## **Programme 2**

Topic : Prevent Covid-19 through Ayurveda and Yoga

Date : 21-05-2020

Resource Person : Dr. Prabhu C Nagalapur (MD (Auy), C.Y.S)

Koppal, Karnataka.

### **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 21-05-2020 on the topic **“Prevent Covid-19 through Ayurveda and Yoga”**. The session was took over by the speaker Dr. Prabhu enlightening the listeners through stating the preventions that can be taken in Ayurveda and Yoga to prevent Covid-19. **“Traditional Indian systems of medicine such as *Ayurveda* and *Yoga* should be explored for their potential role in improving host immunity and reducing severity of the infection”**. The session was very much interesting and much informative for the listeners.



### **Programme 3**

Topic : Nurture the Future

Date : 22-05-2020

Resource Person : Shri Mahesh Masal

Dharwad, Karnataka.

### **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 22-05-2020 on the topic “**Nurture the Future**” by Shri Mahesh Masal. The session was started by the speaker stating some importance of future. He even quoted “ **For 90 minutes be sincere, Role to Roll, Truth is Harsh. Do Exercise, Meditation, Prayer**”. The listeners were showered by the knowledge of the speaker Shri Mahesh Masal. The session was ended with the vote of thank by the Principal of S J M college Sri. Ramesh K C.

## **Programme 4**

Topic : Covid-19 Impact on Indian Economy.

Date : 23-05-2020

Resource Person : Shri Narayanrao G.

Bhadravathi, Karnataka.

### **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 23-05-2020 on the topic “**Covid-19 Impact on Indian Economy**” by Shri Narayanrao G from 11:00am. The session covered the impacts of covid-19 on the Indian Economy, the economic depression in India caused by Covid-19. The speaker took the session regarding the topic and educated the listeners. “**The impact of corona virus pandemic on India has been largely disruptive in terms of economic activity as well as a loss of human lives. Almost all the sectors have been adversely affected as domestic demand and exports sharply plummeted with some notable exceptions where high growth was observed**”. The session was ended with the information regarding the impact of covid-19 on Indian Economy.

## **Programme 5**

Topic : Covid-19 An Ayurvedic Perspective

Date : 24-05-2020

Resource Person : Dr. Pramod Katti

Hubli, Karnataka.

### **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 24-05-2020 on the topic “**Covid-19 An Ayurvedic Perspective**” by Dr. Pramod Katti. The topic was really informative and the speaker took the session interesting. “**Epidemics have not been new to India. Ayurveda being in the fore front of health care of those times, has recorded its valuable experiences of epidemics & termed them as *Janapadodhwamsa* or *Maraka*. Hence we believe that although modern medicine may feel that Covid is caused by a virus, from a classical ayurvedic perspective while it is completely acceptable; but it should be taken as secondary, and primary importance should be given to host factors or *NIJA* doshas or increased mass susceptibility only, in the manifestation of the disease**”. The session ended by thanking Dr. Pramod Katti

## **Programme 6**

Topic : Immunity (Vyadhikshamatwa)

Date : 25-05-2020

Resource Person : Dr. Guheshwar B Patil

Koppal, Karnataka.

## **Brief Report:**

S J M College of Arts, Science & Commerce Chandravalli, Chitradurga organized Online Webinar: Covid-19 Suno Kahani on 25-05-2020 on the topic “**Immunity (Vyadhikshmatwa)**” by Dr. Guheshwar B Patil. This was the last session this Online Webinar. The speaker of the topic educated the listeners about the topic, also about ayurvedic medication for Covid-19. **“Ayurveda’s extensive knowledge base on preventive care, derives from the concepts of “Dinacharya” - daily regimes and “Ritucharya” - seasonal regimes to maintain healthy life. It is a plant-based science. The simplicity of awareness about oneself and the harmony each individual can achieve by uplifting and maintaining his or her immunity is emphasized across Ayurveda’s classical scriptures”**. The session was concluded by Dr. Ku

# Certificate



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Chitradurga-577501**

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**INTERNAL QUALITY ASSURANCE CELL (IQAC)**

**Organize**

**Faculty Development Programme**

**One Week Short Term Awareness Course on Covid -19**

**COVID-19 - SUNO KAHANI**

**: CERTIFICATE :**

This is to certify that Mr/Mrs/Dr/Prof .....  
.....has Participated in Faculty Development  
Programme One Week Short Term Awareness Course on Covid-19, COVID-19 - SUNO KAHANI from  
20<sup>th</sup> May 2020 to 26<sup>th</sup> May 2020

**Dr. K.C Ramesh**

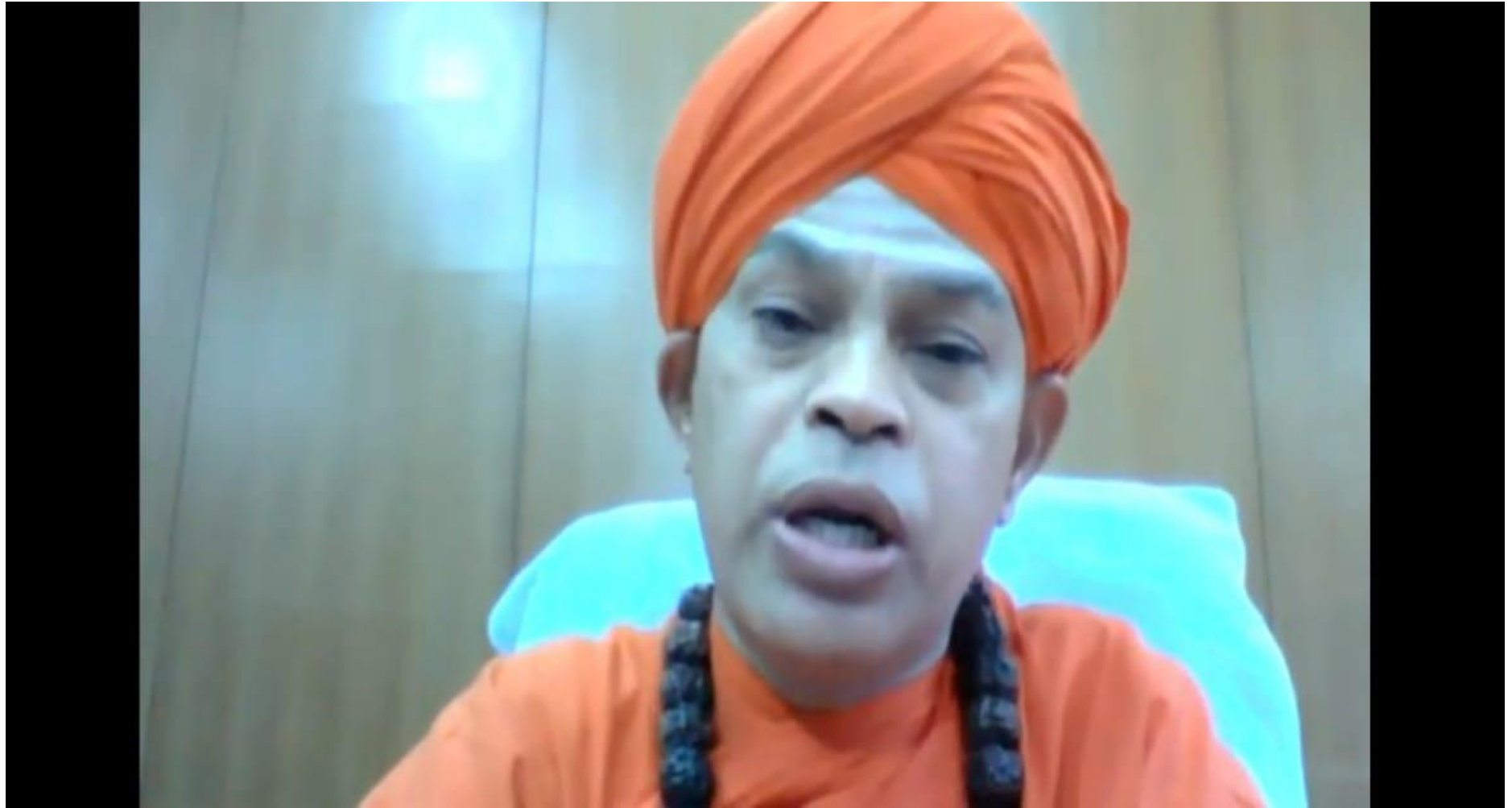
**Principal**

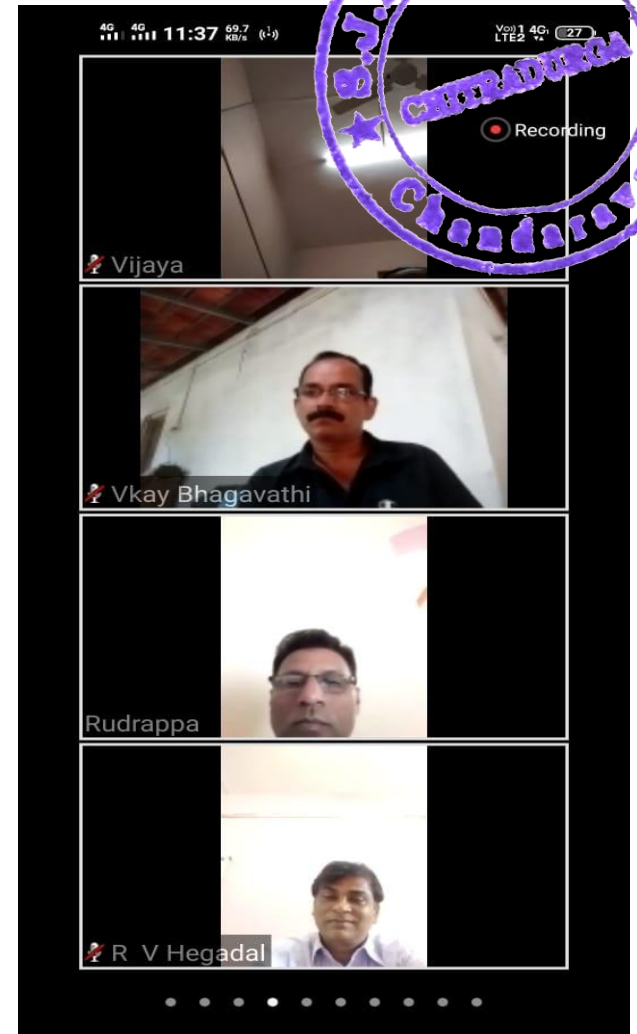
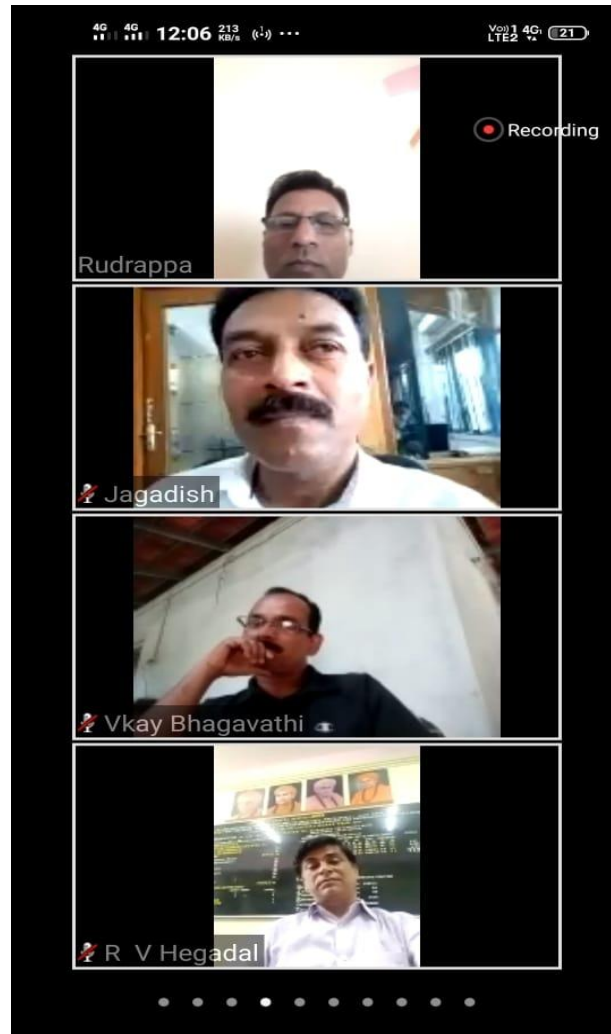
**Prof. G.N Basavarajappa**

**Convener**

**Dr. R.V Hegadal**

**IQAC Coordinator**





*J. Srinivasulu Reddy*  
PRINCIPAL

Sri Jagadguru Murugharajendra College  
of Arts, Science & Commerce  
CHITRADURGA