



SJM Vidyapeetha ®

SJM COLLEGE OF ARTS, SCIENCE & COMMERCE

CHANDRAVALLI, CHITRADURGA-577501

Accredited with 'A' Grade By NAAC (CGPA : 3.05)



IQAC Organise
WORKSHOP ON YOGA

From 26-07-2022 to 26-08-2022

Time: 6.00am	Date:26-07-2022	Venu: S J M Womens Hostel
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President : Dr. K.C. Ramesh
Chief guest : Sri.Krishnamurthy.
Trainer of Yoga
Dist. Yoga Shikshana Kendra
Chitradurga
Presence : Dr. R.V Hegadal
Co-ordinator, IQAC
:
Prof. P. Lingappa
HOD. of English
:
Prof. S.B. Shivakumar
HOD. Of Sociology
:
Prof.R.K. Kedarnatha.
HOD. Of Political Science

ALL ARE CORDIALLY INVITED

PRINCIPAL
S J M Arts Science &
Commerce College
HIK Road, CHITRADURGA.

WORKSHOP ON YOGA



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Accredited with 'A' Grade By NAAC (CGPA : 3.05)



Time: 6.00am	Date:26-07-2022 to 26-08-2022	Venu: S J M Womens Hostel
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- Prayer : Kavya 1st Bsc
- Welcome Speech : Prof.R.K.Kedarnath
- Inauguration : Dr.K.C.Ramesh, Principal
- Resource Person : Sri Krishnamurthy
Dist Yoga Shikshana Kendra
- Presence : Prof. P. Lingappa
HOD. of English
Dr. R.V Hegadal
Co-ordinator, IQAC
- Vote of Thanks : Prof. S.B.Shivkumar

Prof.R.K.Kedarnath
Convener

Dr. R.V Hegadal
Co-ordinator, IQAC

Dr. K.C. Ramesh
Principal

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HIK Road. CHITRADURGA.

ಶ್ರೀ ಜಗದ್ಗುರು ಮುರುಘರಾಜೇಂದ್ರ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ

ಚಂದ್ರವಳ್ಳಿ, ಚಿತ್ರದುರ್ಗ - 577 501. ಪೋಸ್ಟ್ ಬಾಕ್ಸ್ ನಂ. 88

ನ್ಯಾಕ್ ಪುನರ್ಮಾನ್ಯತೆ : 'ಎ' ಗ್ರೇಡ್ ಸಿ.ಜಿ.ಪಿ.ಎ. 3.05

SRI JAGADGURU MURUGHARAJENDRA COLLEGE OF ARTS, SCIENCE & COMMERCE

Chandravalli, CHITRADURGA - 577 501. Post Box No. 88, Karnataka

NAAC Reaccredited with 'A' Grade CGPA 3.05

ಕ್ರಮಾಂಕ : ಎಸ್.ಜೆ.ಎಂ.ಸಿ. /

/ 2020 - 2022

ದಿನಾಂಕ : 20-7-22

IQAC Resolution



The meeting of Teaching and Non-teaching staff members was held at IQAC Chamber on 20th July 2022 at 1.30 pm to discuss about the conduct of "One Month workshop on Yoga" along with other staff members discussed to organize above mentioned Programme at SJM Women's hostel. The management also involved in the discussion. It has been resolved to:

- 1 Organize "One Month Workshop on Yoga"
- 2 Organize on 26th July 2022 to 26th August 2022
- 3 Invite Sri. Dr. K.C. Ramesh
- 4 Invite Sri. Krishnamurthy. Trainer of Yoga, Dist.Yoga Shikshana Kendra Chitradurga.

Members present:

Sl.No.	Name	Designation	Signature
1	Dr. R.V. Hegadal	IQAC- Coordinator	
2	Prof. G.N. Basavarajappa	Member	
3	Prof. R.K. Kedarnath	Convener	
4	Prof. H.K. Shivappa	Member	
5	Prof. P. Lingappa	Member	
6	Prof. S.B. Shivakumar	Member	
7	Sri. N.Tippanna	Member	

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ಶ್ರೀ ಜಗದ್ಗುರು ಮುರುಘರಾಜೇಂದ್ರ ಕಲಾ, ವಿಜ್ಞಾನ ಮತ್ತು ವಾಣಿಜ್ಯ ಮಹಾವಿದ್ಯಾಲಯ

ಚಂದ್ರವಳ್ಳಿ, ಚಿತ್ರದುರ್ಗ - 577 501. ಪೋಸ್ಟ್ ಬಾಕ್ಸ್ ನಂ. 88

ನ್ಯಾಟ್ ಸುನರ್ಯಾನ್ತಃ : 'ಎ' ಗ್ರೇಡ್ ಸಿ.ಐ.ಟಿ.ಎ. 3.05

SRI JAGADGURU MURUGHARAJENDRA COLLEGE OF ARTS, SCIENCE & COMMERCE

Chandravalli, CHITRADURGA - 577 501. Post Box No. 88, Karnataka

NAAC Reaccredited with 'A' Grade CGPA 3.05

ಕ್ರಮಾಂಕ : ಎಸ್.ಜಿ.ಎಂ.ಸಿ. /

/ 2024-2029

ದಿನಾಂಕ : 22-7-22

CIRCULAR

All B.A, B.Sc and B.Com Students are hereby informed that IQAC Organized “workshop on Yoga” for one month Program from 26-07-2022 to 26-08-2022 at 6.00am in SJM Women’s Hostel. All girl Students informed to Participate in the Workshop.



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WORKSHOP ON YOGA

From 26-07-2022 to 26-08-2022

Time: 6.00am

Date:26-07-2022

Venu: SJM Womens Hostel

Report

College IQAC organized 30 days yoga workshop for college Girl Students in ladies hostel, from 26-7-2022 to 26-8-2022.

The workshop was inaugurated by Principal Dr. K.C. Ramesh and Chief guest was Sri. Krishnamurthy, Trainer of Yoga from Dist.Yoga Shikshana Kendra Chitradurga.

On this occasion Dr. R.V. Hegadal IQAC Co-coordinator, Prof. R.K. Kedarnath Convener of work shop and Prof. S.B. Shivakumar Senior Professor were presented.

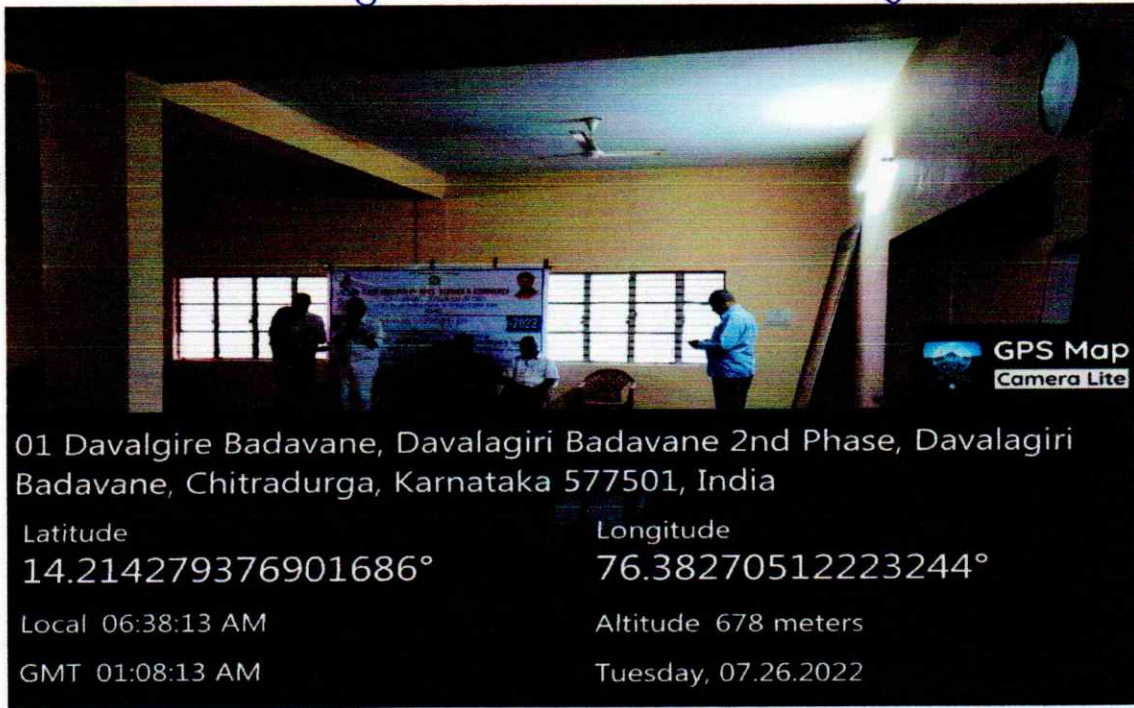
In this program, more than fifty students were participated. The workshop conducted every day morning from 7.00 To 8.00am. Yoga Trainer Sri Krishnamurthy taught students different Asanas such as Padmasana,Vajrasana etc and also explained the benefits of yoga, students participated actively and they were benefited with the Workshop.

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Workshop on yoga
Welcoming the yoga trainer by prof Isedarnath:

Ist Day



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214279376901686°

Longitude 76.38270512223244°

Local 06:38:13 AM

Altitude 678 meters

GMT 01:08:13 AM

Tuesday, 07.26.2022

student's observing different yoga steps.



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214453636668622°

Longitude 76.38298977166414°

Local 06:43:30 AM

Altitude 672 meters

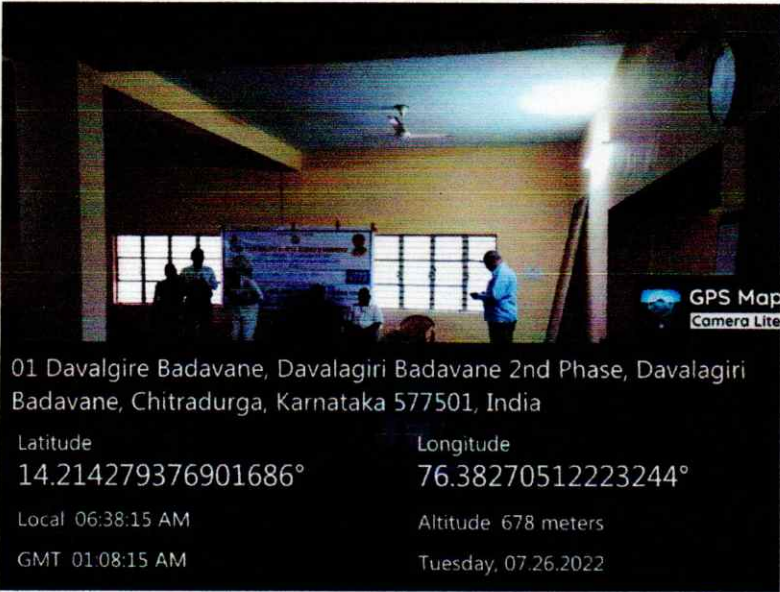
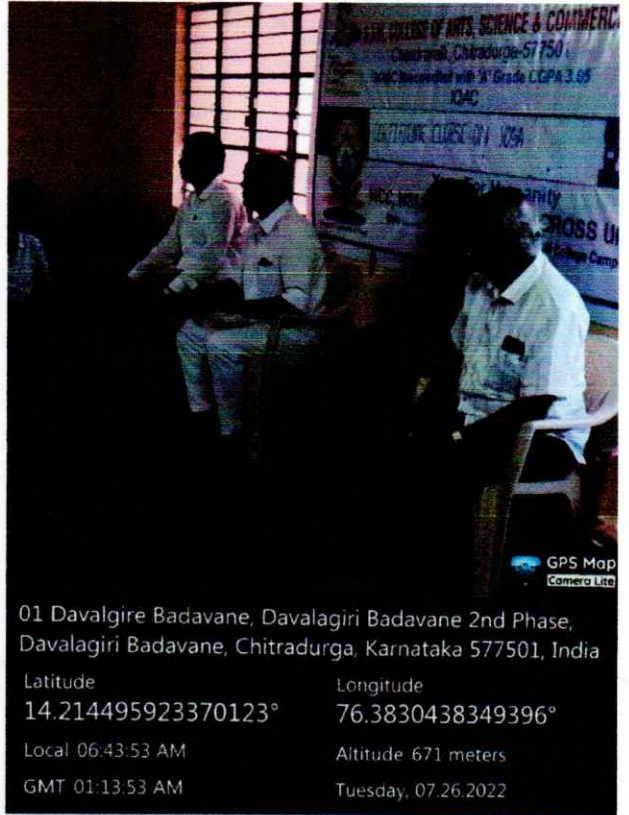
GMT 01:13:30 AM

Tuesday, 07.26.2022

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PRINCIPAL
M. A. S. Science
Commerce College
M. K. Road, CHITRADURGA
KARNATAKA



1st Day



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214495923370123° Longitude 76.3830438349396°

Local 06:43:53 AM Altitude 671 meters

GMT 01:13:53 AM Tuesday, 07.26.2022

01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214279376901686° Longitude 76.38270512223244°

Local 06:38:15 AM Altitude 678 meters

GMT 01:08:15 AM Tuesday, 07.26.2022

Yoga trainer explained the benefits of different Asanas.



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214359801262617° Longitude 76.38347709551454°

Local 06:39:31 AM Altitude 673 meters

GMT 01:09:31 AM Tuesday, 07.26.2022

Heed
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S J M Arts Science & Commerce College
Milk Road, CHITRADURGA.

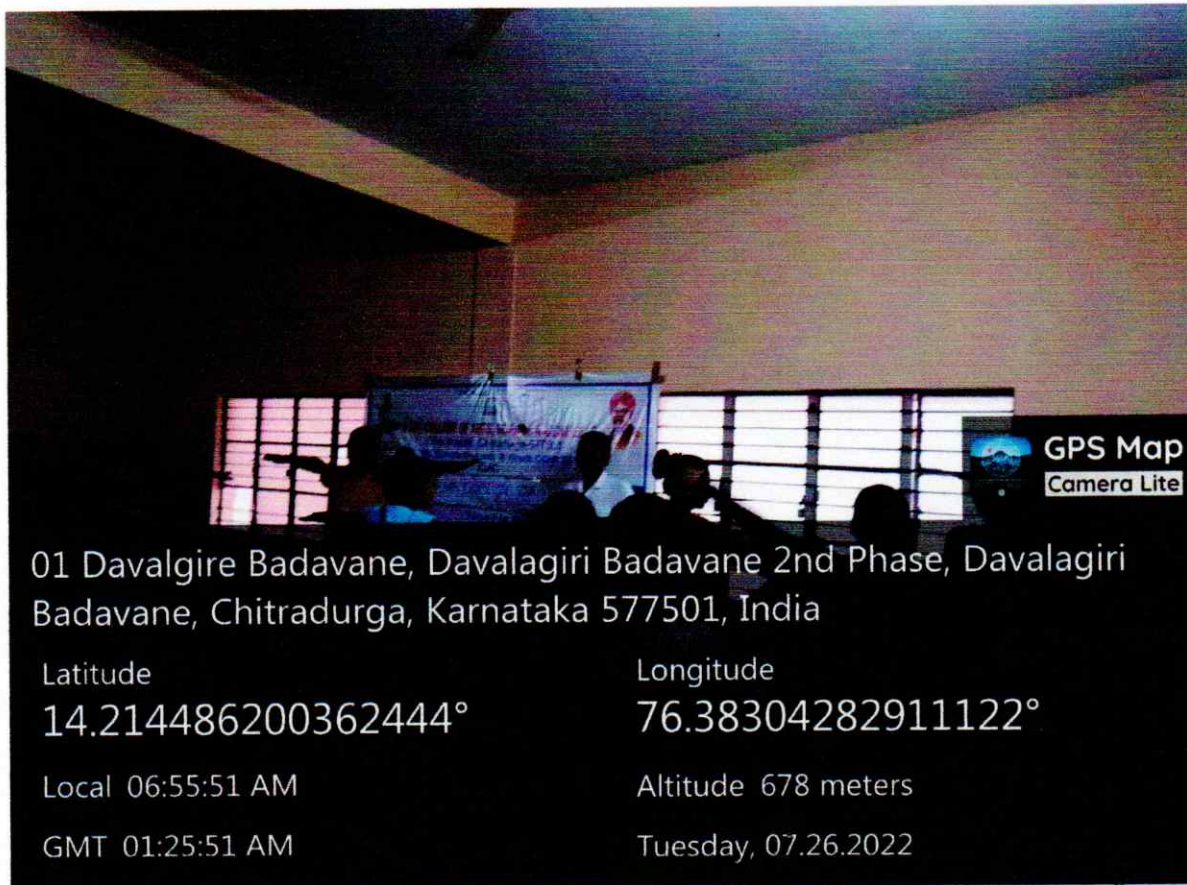


01 Davalgire Badavane, Davalagiri Badavane 2nd Phase,
 Davalagiri Badavane, Chitradurga, Karnataka 577501, India
 Latitude 14.214452630840242° Longitude 76.38302749022841°
 Local 06:44:47 AM Altitude 666 meters
 GMT 01:14:47 AM Tuesday, 07.26.2022



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase,
 Davalagiri Badavane, Chitradurga, Karnataka 577501, India
 Latitude 14.214465036056936° Longitude 76.38301516883075°
 Local 06:44:40 AM Altitude 667 meters
 GMT 01:14:40 AM Tuesday, 07.26.2022

yoga trainer exhibited the different asanas.



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri
 Badavane, Chitradurga, Karnataka 577501, India
 Latitude 14.214486200362444° Longitude 76.38304282911122°
 Local 06:55:51 AM Altitude 678 meters
 GMT 01:25:51 AM Tuesday, 07.26.2022

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 H.K. Road, CHITRADURGA.

IInd day



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase,
Davalagiri Badavane, Chitradurga, Karnataka 577501,
India

Latitude 14.214246666666668 Longitude 76.382995°
Altitude 754.9 meters
Local 05:55:56 AM Wednesday, 07.27.2022
GMT 12:25:56 AM



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase,
Davalagiri Badavane, Chitradurga, Karnataka 577501,
India

Latitude 14.214323333333335 Longitude 76.38298333333334°
Altitude 758 meters
Local 06:28:44 AM Wednesday, 07.27.2022
GMT 12:58:44 AM



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri
Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214341666666666° Longitude 76.38297333333334°
Altitude 750.4 meters
Local 05:58:19 AM Wednesday, 07.27.2022
GMT 12:28:19 AM



GPS Map
Camera Lite

01 Davalgire Badavane, Davalagiri Badavane 2nd
Phase, Davalagiri Badavane, Chitradurga, Karnataka
577501, India

Latitude 14.2148233° Longitude 76.3812731°
Altitude 0 meters
Local 06:28:51 AM Wednesday, 07.27.2022
GMT 12:58:51 AM



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri
Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214333333333332° Longitude 76.38304833333333°
Altitude 751.7 meters
Local 06:42:06 AM Wednesday, 07.27.2022
GMT 01:12:06 AM



GPS Map
Camera Lite

01 Davalgire Badavane, Davalagiri Badavane 2nd
Phase, Davalagiri Badavane, Chitradurga, Karnataka
577501, India

Latitude 14.2148233° Longitude 76.3812731°
Altitude 0 meters
Local 06:38:58 AM



GPS Map Camera Lite

01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

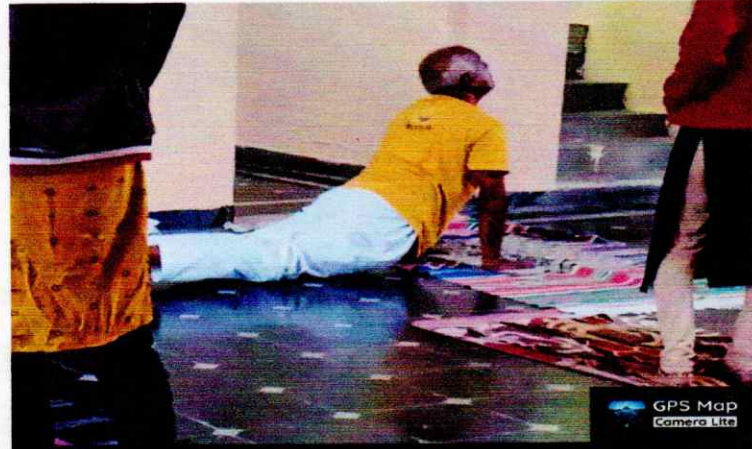
Latitude 14.2148233° Longitude 76.3812731°
Local 06:37:24 AM Altitude 0 meters
GMT 01:07:24 AM Wednesday, 07.27.2022



GPS Map Camera Lite

01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.2148233° Longitude 76.3812731°
Local 06:38:15 AM Altitude 0 meters
GMT 01:08:15 AM Wednesday, 07.27.2022



GPS Map Camera Lite

697M+V8R, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214303333333333° Longitude 76.383235°
Altitude 732.6 meters
Local 06:39:15 AM Wednesday, 07.27.2022
GMT 01:09:15 AM



GPS Map Camera Lite

697M+V8R, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214391666666666° Longitude 76.38310666666666°
Altitude 754.5 meters
Local 07:01:26 AM Wednesday, 07.27.2022
GMT 01:31:26 AM



GPS Map Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214291666666668° Longitude 76.38302°
Altitude 752.5 meters
Local 06:59:44 AM Wednesday, 07.27.2022
GMT 01:29:44 AM


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100 Feet Road CHITRADURGA.



697M+QV5, Shivamogga - Chitradurga Rd, Davalagiri Bhadavane 1st Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.213658333333335 Longitude 76.38384333333333°

Altitude 755.3 meters

Local 06:35:39 AM Thursday, 07.28.2022

GMT 01:05:39 AM



Unnamed Road, Karnataka 577532, India

Latitude 14.116465000000002 Longitude 76.49732°

Altitude 1405.6 meters

Local 06:35:18 AM Thursday, 07.28.2022

GMT 01:05:18 AM



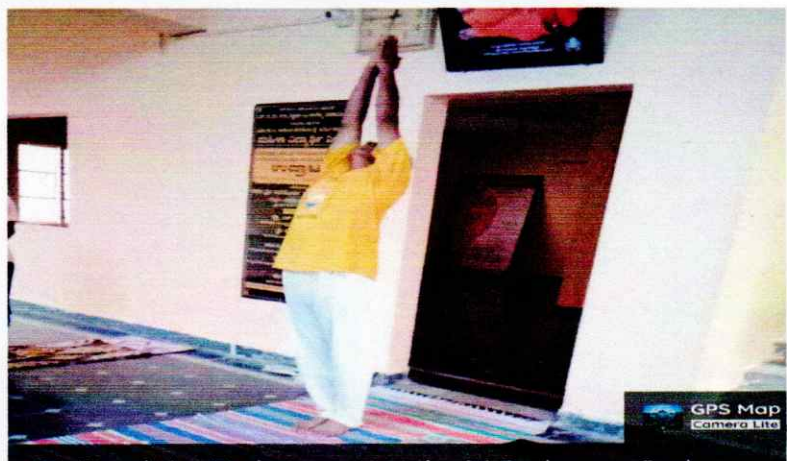
Unnamed Road, Sira Rural, Karnataka 572137, India

Latitude 13.763991666666668 Longitude 76.92224166666666°

Altitude 2332.5 meters

Local 06:35:07 AM Thursday, 07.28.2022

GMT 01:05:07 AM



01 Davalgire Badavane, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.2148233° Longitude 76.3812731°

Altitude 0 meters

Local 06:34:54 AM Thursday, 07.28.2022

GMT 01:04:54 AM



697M+V8R, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.2145932° Longitude 76.3834434°

Altitude 0 meters

Local 06:34:25 AM Thursday, 07.28.2022

GMT 01:04:25 AM



697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.2148233° Longitude 76.3812731°

Altitude 0 meters

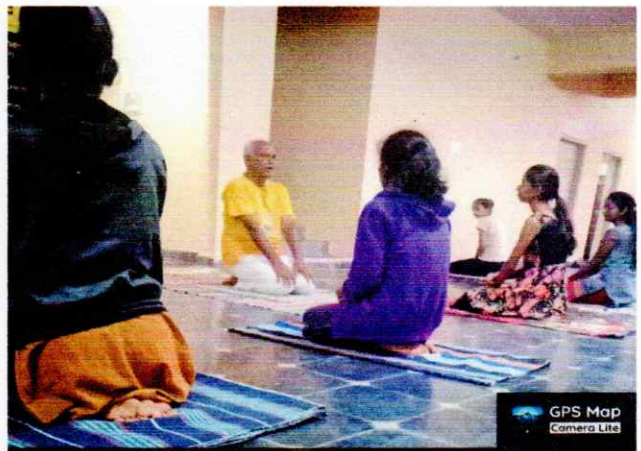
Local 06:18:52 AM Thursday, 07.28.2022

GMT 12:48:52 AM



697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214325° Longitude 76.38305999999999°
Local 05:59:08 AM Altitude 749 meters
GMT 12:29:08 AM Friday, 07.29.2022



697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214286666666665° Longitude 76.38298499999999°
Local 06:04:58 AM Altitude 750.5 meters
GMT 12:34:58 AM Friday, 07.29.2022



697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214313333333333° Longitude 76.38298833333333°
Local 06:19:07 AM Altitude 750.3 meters
GMT 12:49:07 AM Friday, 07.29.2022



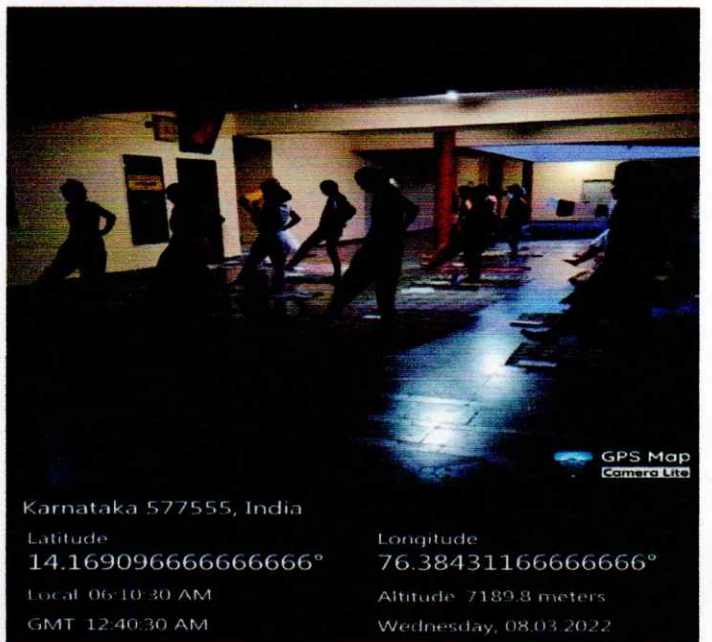
697M+V8R, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

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Local 06:24:24 AM Altitude 762.4 meters
GMT 12:54:24 AM Tuesday, 08.02.2022



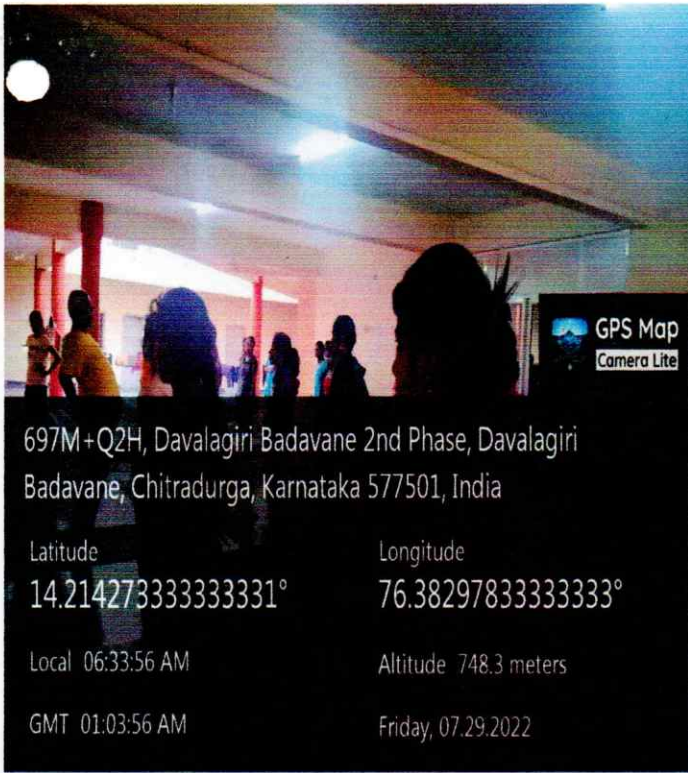
697M+V8R, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214443333333334° Longitude 76.38307666666667°
Local 06:24:21 AM Altitude 762.6 meters
GMT 12:54:21 AM Tuesday, 08.02.2022



Karnataka 577555, India

Latitude 14.169096666666666° Longitude 76.38431166666666°
Local 06:10:30 AM Altitude 7189.8 meters
GMT 12:40:30 AM Wednesday, 08.03.2022

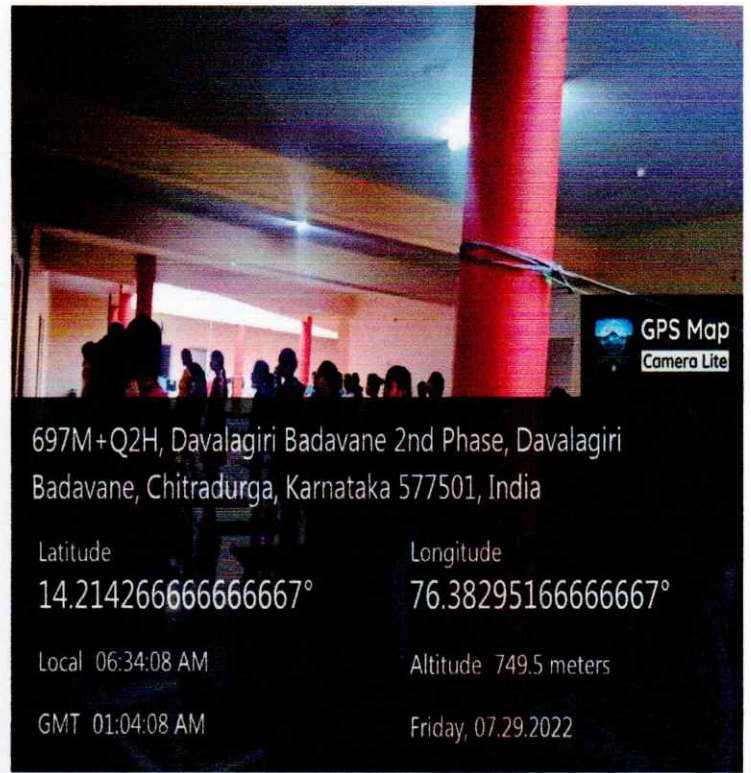


697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214273333333331° Longitude 76.38297833333333°

Local 06:33:56 AM Altitude 748.3 meters

GMT 01:03:56 AM Friday, 07.29.2022

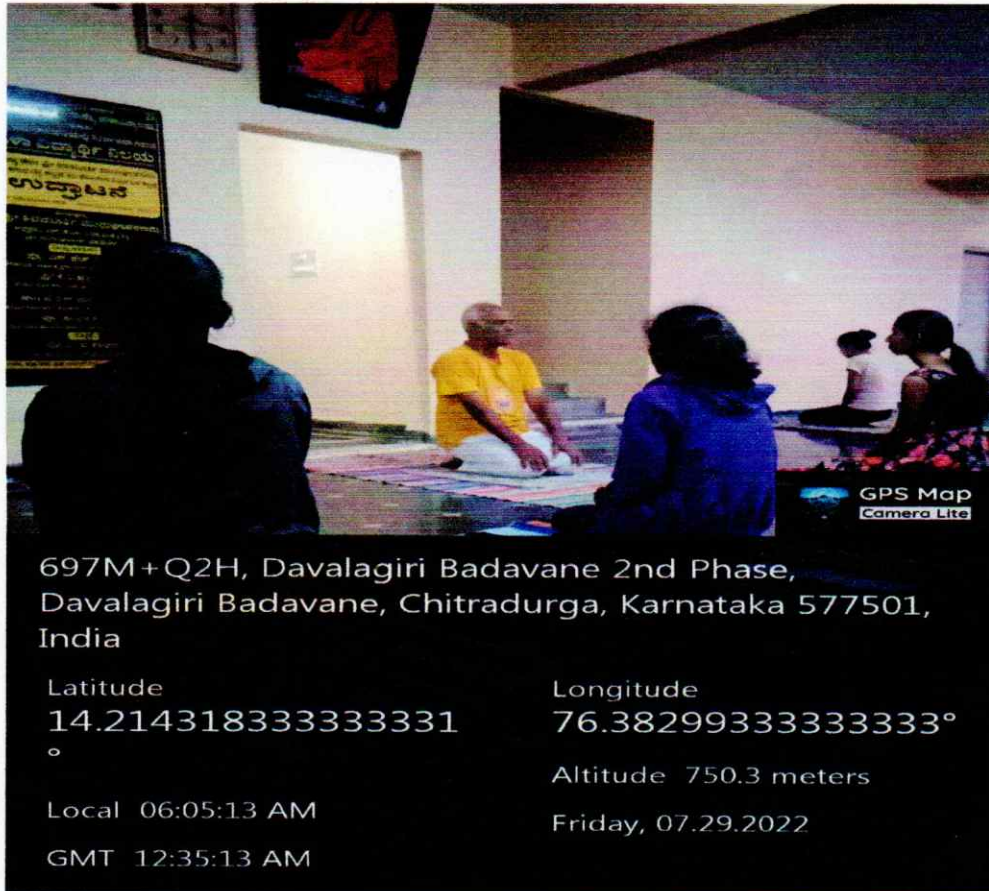


697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214266666666667° Longitude 76.38295166666667°

Local 06:34:08 AM Altitude 749.5 meters

GMT 01:04:08 AM Friday, 07.29.2022



697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri Badavane, Chitradurga, Karnataka 577501, India

Latitude 14.214318333333331° Longitude 76.38299333333333°

Local 06:05:13 AM Altitude 750.3 meters

GMT 12:35:13 AM Friday, 07.29.2022


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Hik Road CHITRADURGA.



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase,
Davalagiri Badavane, Chitradurga, Karnataka 577501,
India

Latitude
14.214246666666668

Longitude
76.382995°

Altitude 754.9 meters

Local 05:55:56 AM

Wednesday, 07.27.2022

GMT 12:25:56 AM



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase,
Davalagiri Badavane, Chitradurga, Karnataka 577501,
India

Latitude
14.214323333333335

Longitude
76.38298333333334°

Altitude 758 meters

Local 06:28:44 AM

Wednesday, 07.27.2022

GMT 12:58:44 AM



GPS Map
Camera Lite

697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri
Badavane, Chitradurga, Karnataka 577501, India

Latitude
14.214341666666666°

Longitude
76.38297333333334°

Altitude 750.4 meters

Local 05:58:19 AM

Wednesday, 07.27.2022

GMT 12:28:19 AM



GPS Map
Camera Lite

01 Davalgire Badavane, Davalagiri Badavane 2nd
Phase, Davalagiri Badavane, Chitradurga, Karnataka
577501, India

Latitude
14.2148233°

Longitude
76.3812731°

Altitude 0 meters

Local 06:28:51 AM

Wednesday, 07.27.2022

GMT 12:58:51 AM



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697M+Q2H, Davalagiri Badavane 2nd Phase, Davalagiri
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Latitude
14.214333333333332°

Longitude
76.38304833333333°

Altitude 751.7 meters

Local 06:42:06 AM

Wednesday, 07.27.2022

GMT 01:12:06 AM



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Phase, Davalagiri Badavane, Chitradurga, Karnataka
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Latitude
14.2148233°

Longitude
76.3812731°

Altitude 0 meters

Local 06:38:58 AM

Wednesday, 07.27.2022

GMT 12:58:58 AM

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CHANDRAVALLI, CHITRADURGA-577501

Accredited with 'A' Grade By NAAC (CGPA : 3.05)



IQAC Organise

Workshop **ON YOGA**

For 30 days Workshop

Time: 6.00am

Date: 26-07-2022

Venu: SJM College campus

Student's enrolled List

NAME	CLASS	MOBILE NO	Sign
1) Pravalika.R	II nd Bcom 4 th Sem	7204969278	Pravalika.R
2) Vathsalya.B.Y	II nd BSC 4 th Sem	6360415148	Vathsalya.B.Y
3) B.Vaishnavi	II nd Bcom 4 th Sem	9353078875	B Vaishnavi
4) Ashwarya.Y.A	II nd BSC IV Sem	9902309855	Ashwarya.Y.A
5) Sanitha.M	II nd BSC IV Sem	7092872889	Sanitha
6) Pooja.C	II Bsc IV Sem	7349907886	Pooja.C
7) Priya.C	I Bcom II Sem	8904028146	Priya.C
8) Priya.M.T	I BSC II Sem	9901434947	Priya
9) Ananya.I.T	I B.com II Sem	6362534038	Ananya.I.T
10) Anusha.N	II B.COM IV Sem	9148517060	Anusha.N
11) Sahana.Q.C	III B.COM IV Sem	8147231610	Sahana
12) pooja.G.S	III Bsc IV sem	9535305885	pooja.G.S
13) padmashree Nagathik.S	II Bcom IV sem	7795249979	padma
14) Shwetha Kumari C.N	I st BSC II sem	6363356083	shwetha
15) Chandana.D	I st Bsc II sem	6360438534	Chandana

16	Jamuna. G	I st B.Sc II sem	9902327955	Jamuna
17	Chandana. N.	II nd B.COM. 4 th sem	8147193273	Chandana. N.
18	Shalini. R	I st B.Sc II nd sem	7483574735	Shalini. R
19	Pavana. D.T	I st B.Sc II nd sem	9535341301	<u>Pavana</u>
20	Nithyashree S.M.	III rd B.A. IV th sem	9945443625	Nithyashree S.M.
21	Sneha S.	I st B.Sc II nd sem	8147609610	Sneha S
22	Lakshmidewi. K	II nd year 4 th sem	8951669866	Lakshmidewi. K
23	Prityales	III B.Sc VISEG		Prityales
24	Parimala	III B.Sc	8971431310	Parimala
25	Shobha	III B.Sc	—	Shobha
26	Sangeetha	III B.Sc	—	Sangeetha
27.	Aishwarya S.	III. B.A	—	Aishwarya
28	Pavithra	III B.A.	—	Pavithra
29	Supna. C.M.	III B.A	—	Supna.
30.	Sujatha. B.	III B.A	—	Sujatha


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S.J.M. COLLEGE OF ARTS, SCIENCE & COMMERCE, CHANDRAVALLI, CHITRADURGA – 577501

WORKSHOP ON YOGA

From 26-07-2022 to 26-08-2022

PARTICIPANTS



Sl.No.	Name	26	27	28	29	30	31	01	02	03	04	05	06	07	08	09	10	11	12	13	14	16	17	
1	Pravallika R.	Prc	Prc	Prc	Prc	Prc	Prc	-	Prc	Prc	Prc	Prc	Prc	Prc	Prc	Prc	Prc	Prc	Prc	-	Prc	Prc	Prc	
2	Vatslya B.Y.	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	-	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	Vey	
3	Vaishnavi B.	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	-	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	
4	Aishwarya Y.A.	A	-	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	-	A	A	A	A	
5	Savitha M.	-	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	-	Savitha	Savitha	Savitha	Savitha	
6	Pooja C.	Pooja	Pooja	-	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	-	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	
7	Priaya C.	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	
8	Priya M. T.	Priya	Priya	Priya	Priya	-	Priya	Priya	Priya	-	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	Priya	
9	Ananya T.	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	-	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	Ananya	-	Ananya	Ananya	Ananya
10	Anusha N.	Anusha	-	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	-	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	Anusha	
11	Sahana D.C.	-	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	-	
12	Pooja C.S.	Pooja	Pooja	-	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	-	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	-	Pooja	Pooja	Pooja	
13	Padmashri Nagati	P	-	P	P	P	-	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	-	

		26	27	28	29	30	31	01	02	03	04	05	06	07	08	10	11	12	13	14	16	17	
14	Shwethakumari C.N.	-	Shu	Shu	Shu	Shu	Shu	Shu	-	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	
15	Chandana D.	-	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	-	Chu	Chu
16	Jamuna G.	Ja	Ja	Ja	Ja	-	Ja	Ja	Ja	Ja	Ja	-	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja
17	Chandana N.	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca
18	Shalini R.	Shali	Shali	-	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	-	Shali	Shali	Shali	Shali	Shali	Shali
19	Pavana D.T.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
20	Niththyashree I. M.	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	-	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni	Ni
21	Sneha S.	Sne	Sne	Sne	-	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne	Sne
22	Lakshmidevi K.	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	-	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak	Lak
23	Priyanka	Pri	Pri	Pri	Pri	Pri	Pri	Pri	-	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri	Pri
24	Parimala	Par	Par	Par	Par	Par	Par	Par	Par	Par	Par	Par	Par	Par	Par	-	Par	Par	Par	Par	Par	Par	Par
25	Shobha	Shob	Shob	Shob	Shob	Shob	Shob	Shob	-	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob
26	Sangeetha	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang
27	Aishwarya S.	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	-	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish
28	Pavitra	Pavi	-	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi	-	Pavi	Pavi	Pavi	Pavi	Pavi	Pavi
29	Swapna C.M.	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw
30	Sujatha B.	Suj	Suj	-	Suj	Suj	Suj	Suj	Suj	Suj	-	Suj	Suj	Suj	Suj	Suj	Suj	Suj	Suj	Suj	Suj	Suj	Suj


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		26	27	28	29	30	31	01	02	03	04	05	06	07	08	10	11	12	13	14	16	17	
14	Shwethakumari C.N.	-	Shu	Shu	Shu	Shu	Shu	Shu	-	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	Shu	
15	Chandana D.	-	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	Chu	-	Chu	Chu
16	Jamuna G.	Ja	Ja	Ja	Ja	-	Ja	Ja	Ja	Ja	Ja	-	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja	Ja
17	Chandana N.	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca	Ca
18	Shalini R.	Shali	Shali	-	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	Shali	-	Shali	Shali	Shali	Shali	Shali	Shali
19	Pavana D.T.	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	
20	Niththyashree I. M.	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	-	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	Nish	
21	Sneha S.	Sneh	Sneh	Sneh	-	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	Sneh	
22	Lakshmidevi K.	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	-	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	Laksh	
23	Priyanka	Prik	Prik	Prik	Prik	Prik	Prik	-	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	Prik	
24	Parimala	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	Pari	-	Pari	Pari	Pari	Pari	Pari	Pari	
25	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	-	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	Shobha	
26	Sangeetha	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	Sang	
27	Aishwarya S.	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	-	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	Aish	
28	Pavitra	Pav	-	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	-	Pav	Pav	Pav	Pav	Pav	
29	Swapna C.M.	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	Sw	
30	Sujatha B.	Suja	Suja	-	Suja	Suja	Suja	Suja	Suja	Suja	-	Suja	Suja	Suja	Suja	Suja	Suja	-	Suja	Suja	Suja	Suja	


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Sl.No.	Name	18	19	20	21	22	23	24	25	26
1	Pravallika R.	Pose	Pose	Pose	-	Pose	Pose	Pose	-	Pose
2	Vatslya B.Y.	Ve	Ve	Ve	Ve	Ve	-	Ve	Ve	Ve
3	Vaishnavi B.	Vaish	Vaish	Vaish	Vaish	Vaish	Vaish	-	Vaish	Vaish
4	Aishwarya Y.A.	Aishu	Aishu	Aishu	Aishu	Aishu	-	Aishu	Aishu	Aishu
5	Savitha M.	Savitha	-	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha	Savitha
6	Pooja C.	Pooja	Pooja	Pooja	Pooja	-	Pooja	Pooja	Pooja	-
7	Priaya C.	-	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
8	Priya M. T.	-	PMT	PMT	PMT	PMT	PMT	PMT	-	PMT
9	Ananya T.	Anant	Anant	Anant	-	Anant	Anant	Anant	Anant	Anant
10	Anusha N.	AN	AN	AN	AN	AN	AN	-	AN	AN
11	Sahana D.C.	Saha	Saha	Saha	Saha	-	Saha	Saha	Saha	Saha
12	Pooja C.S.	Pooja	Pooja	Pooja	-	Pooja	Pooja	Pooja	Pooja	Pooja
13	Padmashri Nagati	PN	PN	PN	PN	PN	PN	-	PN	PN
14	Shwethakumari C.N.	Sh	Sh	Sh	Sh	Sh	Sh	Sh	Sh	Sh
15	Chandana D.	Chad	Chad	Chad	Chad	Chad	Chad	Chad	-	Chad
16	Jamuna G.	JG	JG	-	JG	JG	JG	JG	JG	JG
17	Chandana N.	-	Ch	Ch	Ch	Ch	Ch	-	Ch	Ch


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		18	19	20	21	22	23	24	25	26
18	Shalini R.	Shalini	-	Shalini	Shalini	Shalini	Shalini	Shalini	Shalini	Shalini
19	Pavana D.T.	Pavana	Pavana	Pavana	Pavana	Pavana	Pavana	Pavana	Pavana	Pavana
20	Niththyashree I. M.	Nithya	-	Nithya	Nithya	Nithya	Nithya	Nithya	-	Nithya
21	Sneha S.	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha	Sneha
22	Lakshmidevi K.	Lak	Lak	Lak	Lak	-	Lak	Lak	Lak	Lak
23	Priyanka	Priya	Priya	Priya	Priya	-	Priya	Priya	Priya	Priya
24	Parimala	pari	pari	pari	pari	pari	pari	pari	pari	pari
25	Shobha	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob	Shob
26	Sangeetha	-	Sangeetha	Sangeetha	Sangeetha	Sangeetha	Sangeetha	Sangeetha	-	Sangeetha
27	Aishwarya S.	AS	AS	AS	AS	AS	AS	AS	AS	AS
28	Pavitra	-	pari	pari	pari	pari	pari	pari	-	pari
29	Swapna C.M.	Swapna	Swapna	Swapna	-	Swapna	Swapna	Swapna	Swapna	Swapna
30	Sujatha B.	-	Sujatha	Sujatha	Sujatha	-	Sujatha	-	Sujatha	Sujatha




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SJM Vidyapeetha (R)
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From 26-07-2022 TO 26-08-2022

Venue : SJM Womens Hostel

CERTIFICATE

This is to certify that Mr/Mrs. **PAVITHRA - BA**..... has participated in the
WORKSHOP ON YOGA Programme from 26-07-2022 to 26-08-2022.


Coordinator


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This is to certify that Mr/Mrs. **POOJA C.S. - B.Sc.**..... has participated in the
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This is to certify that Mr/Mrs. **PRAVALLIKA R. - B.Com**..... has participated in the **WORKSHOP ON YOGA** Programme from 26-07-2022 to 26-08-2022.


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CERTIFICATE

This is to certify that Mr/Mrs. **SAHANA D.C. - B.Com**..... has participated in the
WORKSHOP ON YOGA Programme from 26-07-2022 to 26-08-2022.


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CHITRADURGA



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CHANDRAVALLI, CHITRADURGA - 577501
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CERTIFICATE

This is to certify that Mr/Mrs. **SAVITHA M. - B.Sc**..... has participated in the
WORKSHOP ON YOGA Programme from 26-07-2022 to 26-08-2022.


Coordinator


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